

**MOUNTAIN VIEW PUBLIC LIBRARY PRESENTS**

# Parenting 2016



Programs offered monthly on Thursdays from 7:00 to 8:30 pm. Sign up online.  
Ages of children discussed follow the program title. For adults only. Free!

January 21	Positive Discipline (2-5)
February 18	Mindfulness for Parents (all ages)
March 31	Solving Sleep Issues (1-6)
April 28	Secrets of an Organized Family (all ages)
May 26	The Highly Sensitive Child (2-8)
June 16	Traveling with Kids (0-6)
July 28	Beyond Sibling Rivalry (0-8)
August 18	Letting Go with Tweens & Teens (9-18)
September 22	Study Skills (K-5 <sup>th</sup> grade)
October 27	Multiple Intelligences (2-8)
November 10	Understanding Toddlers & Two's (1-3)
December 15	Raising a Spirited Child (3-8)

**MOUNTAIN VIEW PUBLIC LIBRARY**  
**Youth Services**  
**585 Franklin St, Mountain View, CA 94041**  
**650-903-6897**  
<http://mountainview.gov/library>

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